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Cardiac Agatston Scoring

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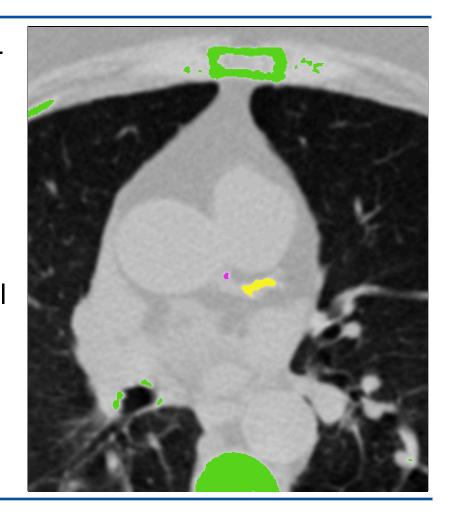
NA-MIC Tutorial Contest: Summer 2014



Learning Objective

This tutorial demonstrates a semiautomated method to segment and identify coronary arteries calcium plaques from EKG-gated non-contrast cardiac CT scans. Then calculate the Agatston score.

Following this tutorial, the user will be able to load scans into Slicer4.3.1, segment calcium plaques, then calculate a calcium score and label statistics.





Pre-requisite

Pre-requisite tutorial:

- "Data loading and 3D visualization"
- Author: Sonia Pujol, Ph.D.
- http://www.slicer.org/slicerWiki/ index.php/Documentation/4.3/Training



This tutorial requires the installation of the Slicer4.3.1 release built after 06-05-2014 and the tutorial dataset. They are available at the following locations:

Slicer download page

http://download.slicer.org/

Tutorial dataset: [name of dataset]

http://wiki.na-mic.org/Wiki/index.php/

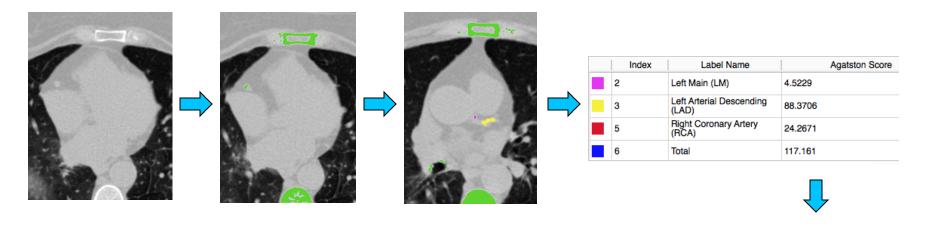
File:CardiacAgatstonMeasures_TutorialContestSummer2014.zip

Note: A SimpleITK bug fix occurred on 06-04-2014 that is necessary for this module to function.

Tutorial Name	Platform	Slicer Version	Test Date	Author	Test Results
Cardiac Agatston Measures	Mac OS	4.3.1-2014 -06-05	2014-06-19	Jessica Forbes	All tests pass
Cardiac Agatston Measures	Windows 7 64 bit	4.3.1-2014 -06-05	2014-06-23	Jessica Forbes	All tests pass
Cardiac Agatston Measures	Linux 64 bit	4.3.1-2014 -06-05	2014-06-20	Jessica Forbes	All tests pass



Overview



Part 1: Load module and data Part 2: Threshold scan Part 3: Identify calcium plaques

Part 4:
Calculate
scores
and label
statistics

Part 5: Save results

Background

- Cardiovascular Disease is the leading global cause of death: 17.3 million deaths/year
- USA: 600,000 of heart disease per year*
 - Equates to 1 in every 4 deaths
- 40-60% have no cardiac symptoms before the event**
- Important to identify asymptomatic patients at risk of coronary events

^{*}http://www.cdc.gov/heartdisease/facts.htm, February 19, 2014

^{**}Myerburg et al. Am J Cardiol 1997 Virmani et al. Cardiovasc Pathol. 2001



Background

120 KEV Ranges

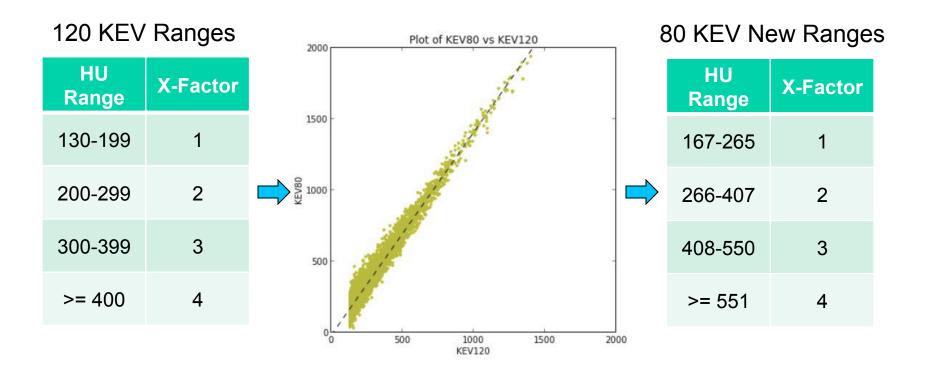
HU Range	X-Factor	
130-199	1	
200-299	2	
300-399	3	
>= 400	4	

Each pixel of an EKG-gated non-contrast cardiac CT scan has an attenuation/density unit called Hounsfield Unit (HU).

- Water = 0 HU
- Air = -1000 HU

The Agatston score is a multiplication of calcium area by a weighting factor (X-Factor) related to peak HU pixel.

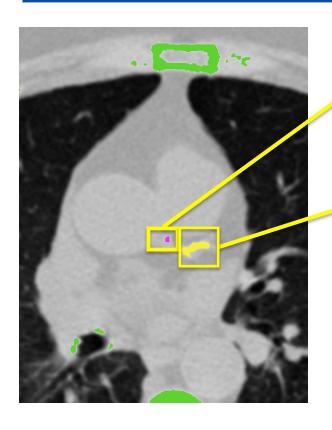




X-Factor ranges determined for 120 KEV only, so we calculated new ranges for lower radiation 80 KEV scans based on HU intensity values.



Background



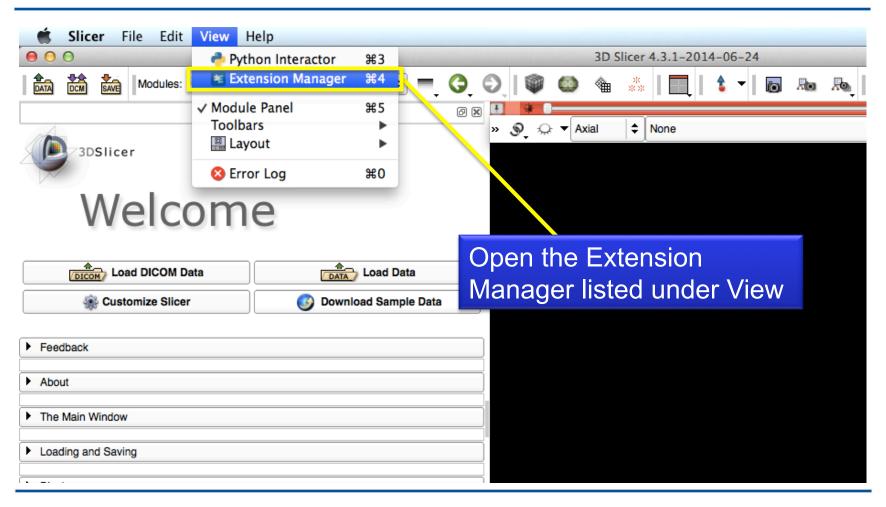
Island 1 Agatston Score = Area1 x X-Factor1 EX: 16 = 8 x 2

Island 2 Agatston Score = Area2 x X-Factor1 EX: 80 = 20 x 4

Total Agatston Score = Sum of All Island Agatston Scores on every slice EX: 96 = 16 + 80



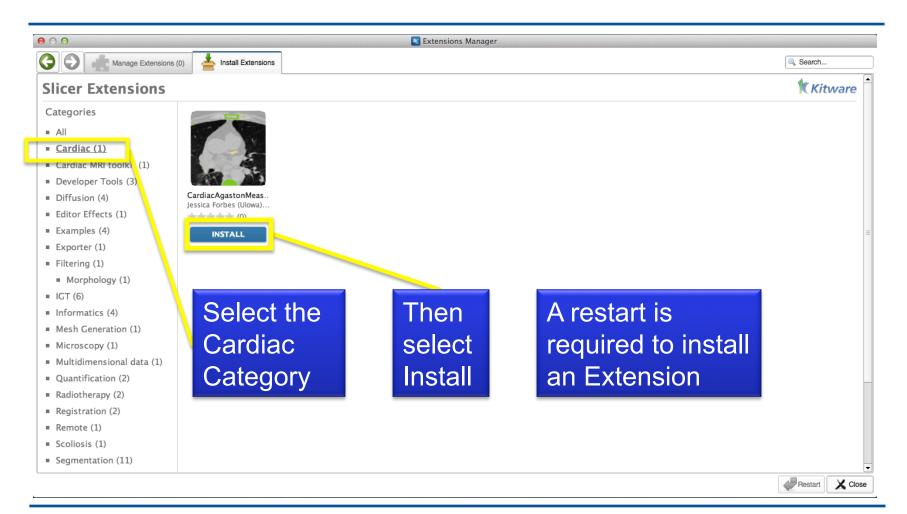
Part 1: Loading Extension



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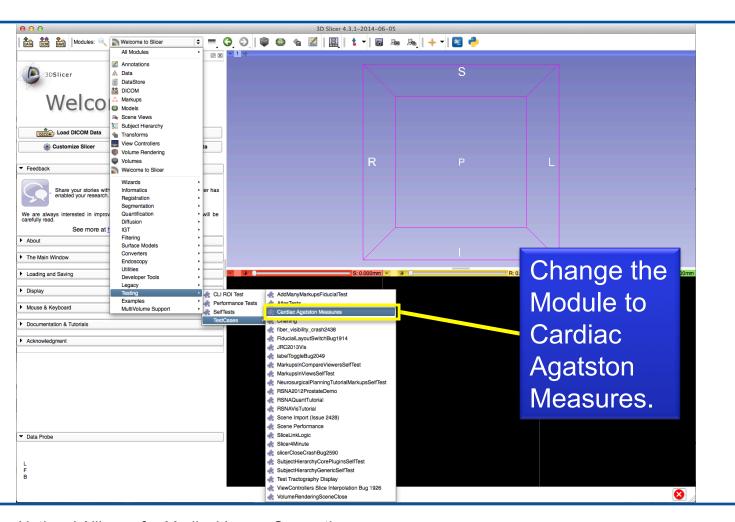


Part 1: Loading Extension



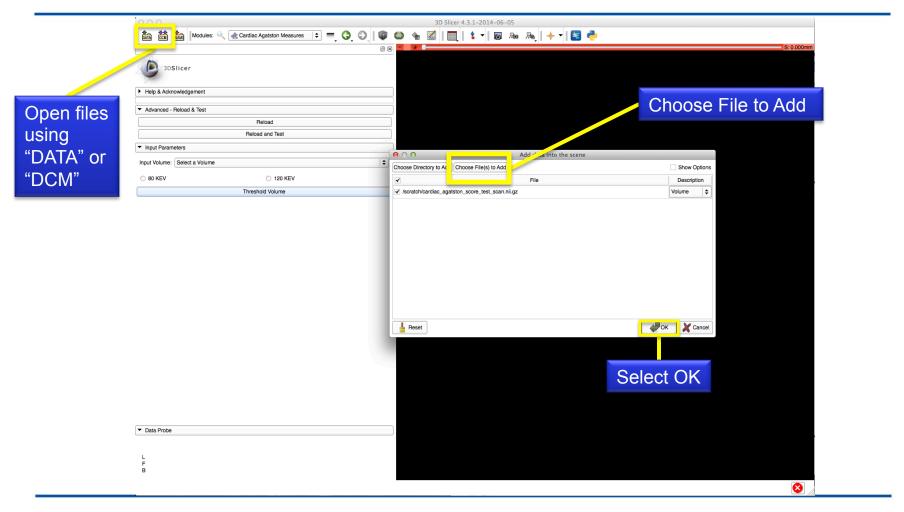


Part 1: Loading Extension



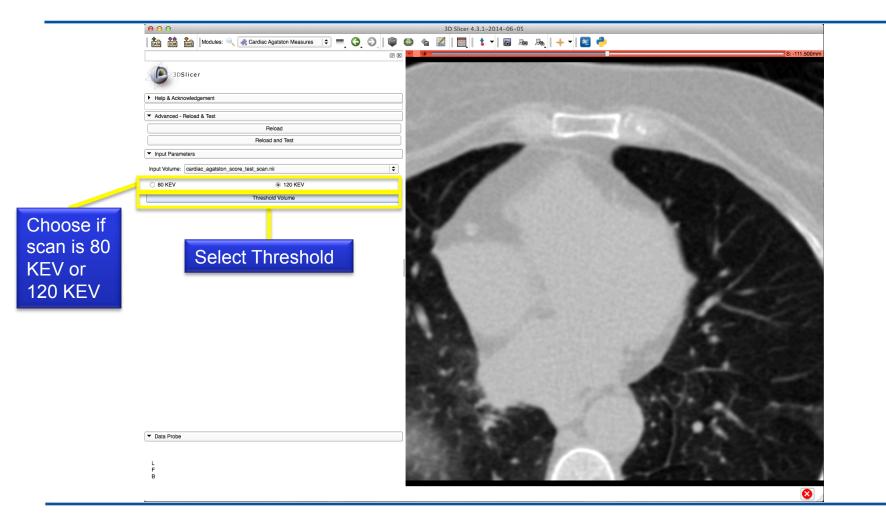


Part 1: Loading Data



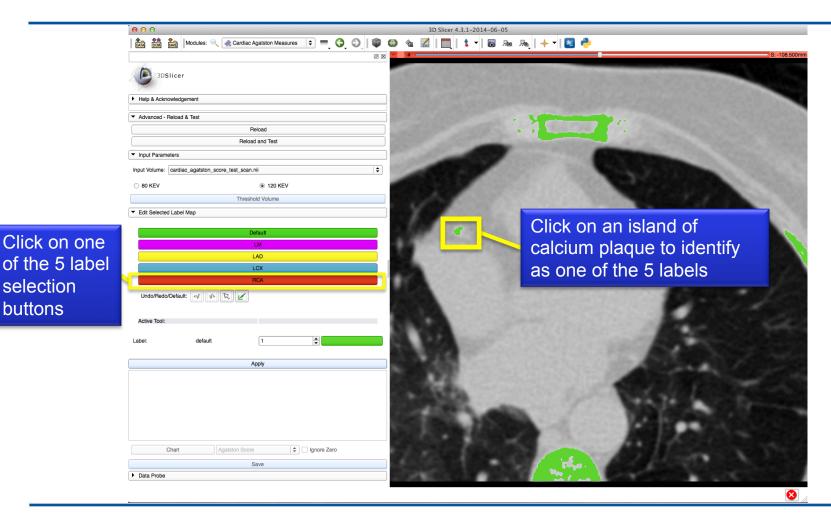


Part 2: Thresholding Scan



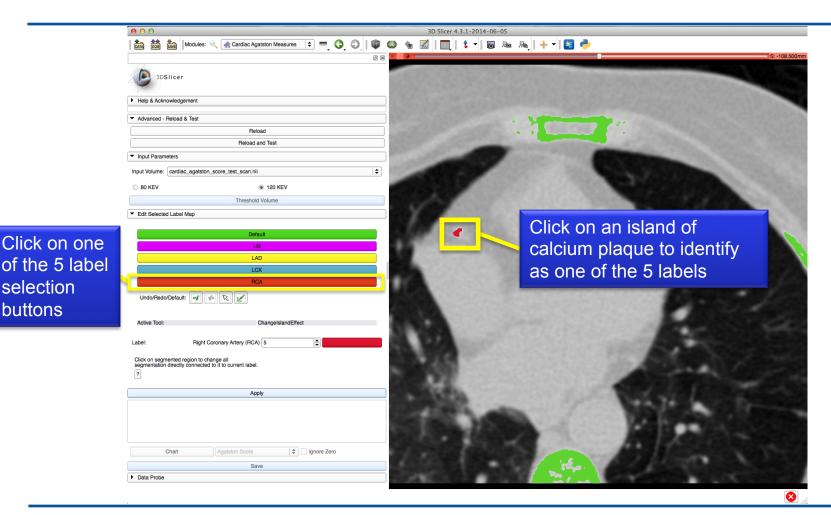


Part 3: Identifying plaques



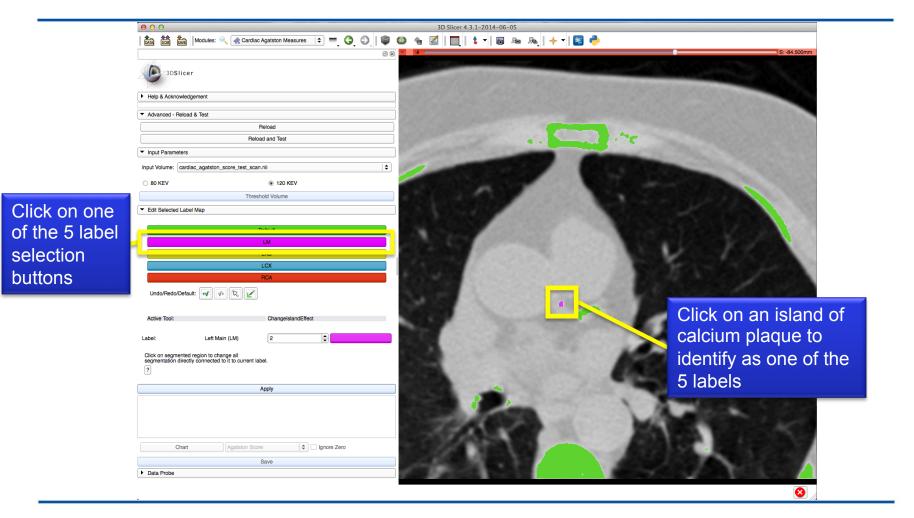


Part 3: Identifying plaques





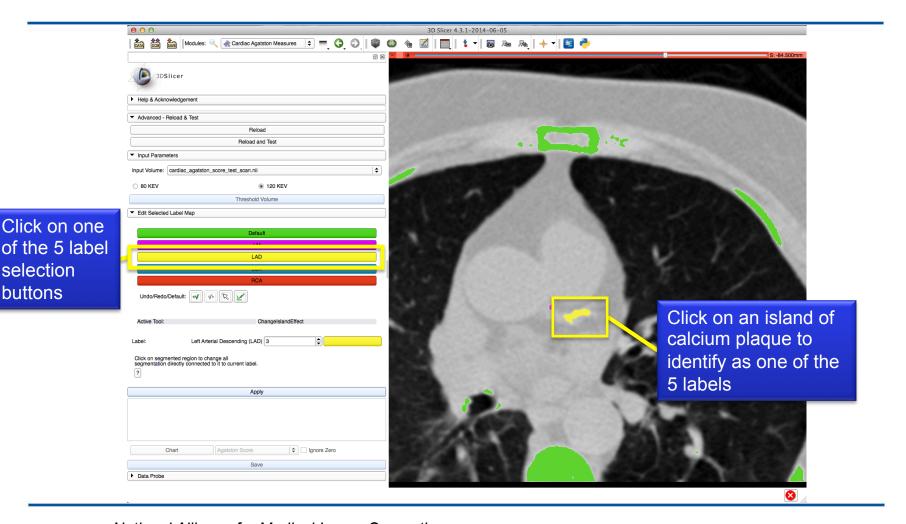
Part 3: Identifying plaques





selection buttons

Part 3: Identifying plaques

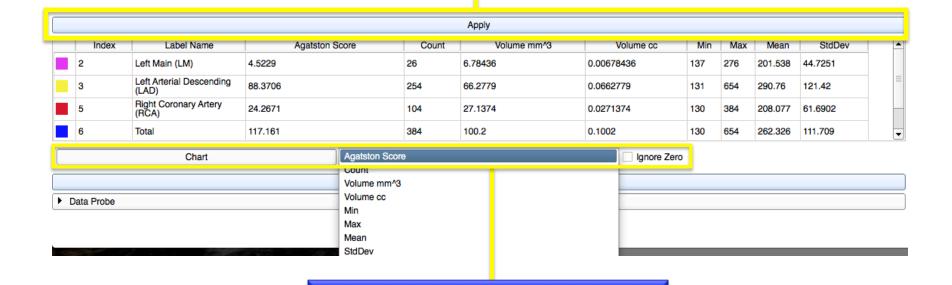


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Part 4: Calculating Scores

Select Apply to calculate the Agatston score for individual labels and total



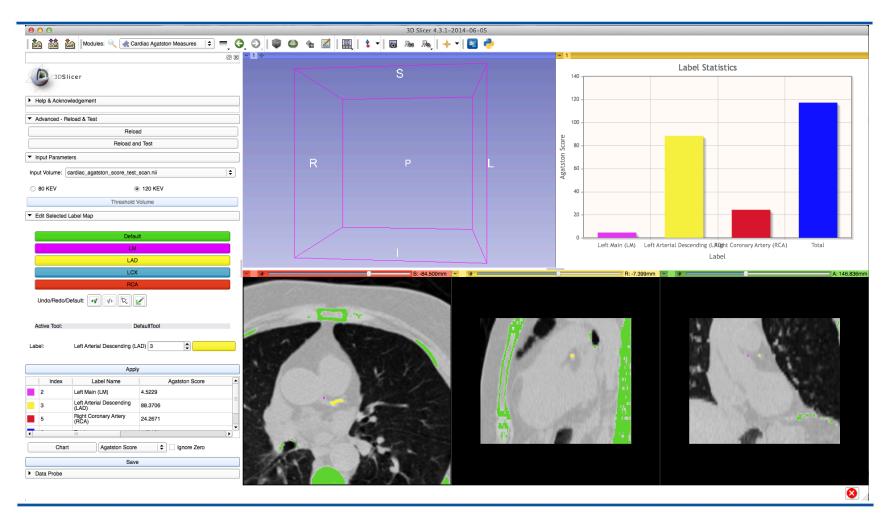
Select Chart and Column to compare the

values for each label

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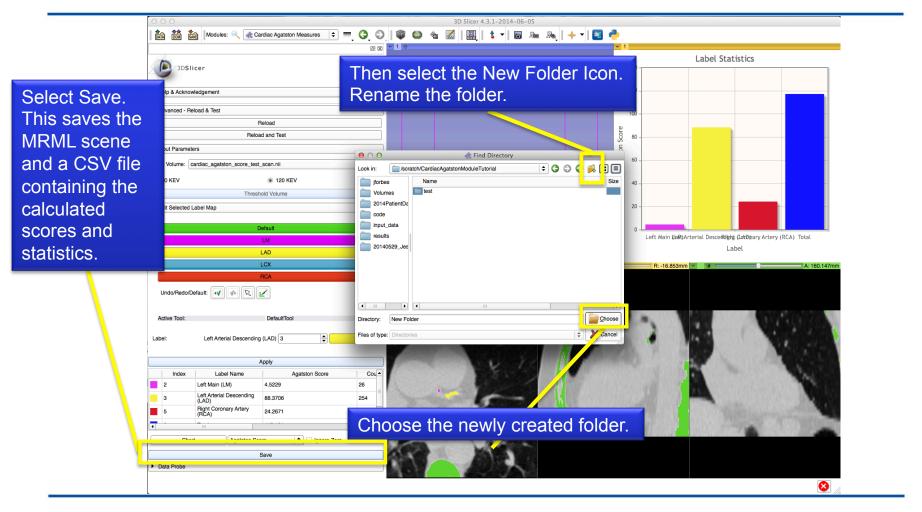


Part 4: Calculating Scores





Part 5: Saving Results





Conclusion

- All tests passed with:
 - Linux 64-bit
 - MacOS
 - Windows 7 64-bit



Acknowledgments



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SINAPSE Lab

SimpleITK